

KBN COLLEGE:: VIJAYAWADA

DEPARTMENT OF PHYSICAL EDUCATION

INDEPENDENCE DAY CELEBRATIONS:15.08.2024

In part of 78th Independence Day of Celebrations-2024, Our KBN College, Department of Physical Education observed Yoga Vinyasas on 15.08.2024 at 9.00 PM at Kalanikethan. The Head of the Department Sri D.Hema Chandra Rao explained the Various Yoga vinyasas programme. Under the able guidance of Yoga Instructor Sri M.Rajesh 12 students participated in the yoga vinyasas and performed various yogic pyramids and displayed the advanced Asanas. Our Honourable Secretary & Correspondent Dr.T.Srinivasu, Dr.V.Narayana Rao, Administrative Officer, SKPVV Hindu High Schools Committee & Dr.G.Krishna Veni, Principal, KBN College are appreciated and distributed Prizes to the students who performed outstanding Asanas.

YOUTUBE LINK: <https://www.youtube.com/watch?v=rHMSs6WEXa8>

PHOTOS





